

We get what we give

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A boy and his father were walking on the mountains when the boy stumbles and cries, "Owwwwwwww!" To his surprise, he hears a voice shouting back at him, "Owwwwwwww!" Thinking someone is making fun of him, the boy whines, "Cut it out!" To which he hears a mimic, "Cut it out!" The boy looks to his father and cries, "Daddy, make them stop!"

The father smiles and says, "My son, pay attention." The father lifts up his head and shouts, "You are a champion!" The voice answers, "You are a champion!"

The boy is surprised, but doesn't understand. The father explains: "People call this an echo, but this really is life. It gives you back everything you say or do."

Our lives are simply a reflection of our actions. If we want more love in the world, we need to create more love in our hearts. If we want more competence in our team, we need to improve our competence. This relationship applies to everything, in all aspects of life. Our lives are not a coincidence; they are a reflection of us. Life will give us back what we have given to it."

I've learned that everyone wants to live on top of the mountain, but the real joy is in the journey. Most of the happiness and growth occurs while we are climbing it.

I've learned that when you harbor bitterness, happiness will go someplace else, and that a smile is an inexpensive way to improve our looks.

I've learned that the less time I have to work with, the more things I get done. And I've learned that to complete the tasks on my priority list while still feeling energized, accomplished, and happy, I don't have to be perfectionistic in every area of my life. To do so drives myself and those around me crazy. I've learned that life is more fulfilling and I'm much easier to live with if I let go of some of my perfectionist instincts and get things done well and move on to the next task or project, saving absolute perfection for those times in which it is demanded, and putting my main focus on what's most important. Next to God, people are most important.

In life, we tend to get what we give, for it is in giving that we receive, it is in loving that we are loved, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.